

EQM 399	 <b>University of Kentucky</b>  <b>Ag Equine Programs</b> College of Agriculture, Food and Environment
<b>Equine Science &amp; Management Internship Course</b>	
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### Professional Growth Plan

The purpose of this professional growth plan is to get you forward thinking about your future. You are embarking on a journey that will allow you to experience what a true career will be like. Use it for your benefit and use this as a planning guide to determine what your goals and objectives are.

1. Expectations of yourself as an intern? Provide a minimum of five expectations you have of yourself as an intern in within this placement.
  - a. Always be ready and on time
  - b. Learn something new each “shift”
  - c. Be open minded to different perspectives
  - d. Do not push so hard to risk injury
  - e. Become a better rider and horseman
2. Expectations of the internship placement? Outline 3-5 expectations you have of the placement including the host, experiences, etc.
  - a. Be professional
  - b. Find ways to make work more efficient
  - c. Communicate, even if it is minor
3. Set 5 goals for yourself as a professional that you anticipate achieving by the end of this internship. These should be a SMART goals (specific, measurable, attainable, relevant and timely).
  - a. 1. Contribute ideas and actions that change daily operations for the better at Ballyhigh by the end of this internship.
    - i. Ask all staff/volunteers their thoughts.
    - ii. Compile lists and ideas for solutions.
    - iii. Present ideas and possible solutions.
    - iv. Help to the best of my ability.
    - v. Follow through.
  - b. 2. Understand the real-life financials of running a lesson/boarding operation and have an idea for my own business by the end of this internship.
    - i. Get answers from interview questions.
    - ii. Research rates of board and feed for comparison.
    - iii. See how to acquire lesson horses.
    - iv. Find out the best way to advertise for business.
    - v. Make spreadsheets.
  - c. 3. Know at least one way to start a hunter/jumper horse by the end of this internship.
    - i. Help others work with Harper (OTTB).

- ii. Assist in training Maria (young TB).
    - iii. Ask questions that I already have.
    - iv. Watch advanced horses and riders jump.
    - v. Take things slow and at a steady pace.
  - d. 4. Be able to ride more than the beginner horses at Ballyhigh by the end of this internship.
    - i. Work with the horses on the ground.
    - ii. Watch more advanced horses in lessons.
    - iii. Assist in the training of green horses.
    - iv. Continue riding beginner horses.
    - v. Attend lessons.
  - e. 5. Complete this internship at Ballyhigh learning something new and receiving full credit by the beginning of May 2021.
    - i. Communicate if I will ever be late or must miss a day.
    - ii. Turn in assignments on time as they are due.
    - iii. Ask questions if I cannot figure something out on my own.
    - iv. Plan and stick to a schedule.
    - v. Try new things with an open mind.
- 4. According to those 5 goals, outline a minimum of 5 strategies you will need to accomplish each of those.
- 5. Set a minimum of 3 future professional goals (beyond this internship).
  - a. Graduate from the University of Kentucky with a ESMA degree and a GPA no lower than 3.5 in December 2021.
    - i. Plan and prepare for assignments/tests
    - ii. Study hard but also make time for me
    - iii. Apply for graduation on time
  - b. Become full time manager at Outrider by June of 2022.
    - i. Move me and my horse to Michigan
    - ii. Prepare horses for the summer
    - iii. Keep track of booking rides
  - c. Start my own training business by the end of December 2023.
    - i. Continue training horses for my personal use
    - ii. Create a business plan
    - iii. Start going to the horses that need to be ridden
- 6. According to those goals, outline a minimum of 2 strategies you will need to obtain through this internship or outside of this internship to meet those goals.  
Refer to parts i, ii, and iii of previous question.